



## 2024 Southeast District Cross Country Meet

### Substitution Form

**THIS FORM MUST BE SUBMITTED AT LEAST 30 MINUTES PRIOR TO THE AFFECTED RACE TIME!!**

Complete all information and submit this form to:

1. Terry Young at the finish line. Terry will process, sign and return to you.
2. The form then needs to be hand-delivered to Tony Mollica (head clerk) at the start line.

School: \_\_\_\_\_

Coach: \_\_\_\_\_

Division / Race (Circle One):

11:00 D III GIRLS

11:45 D III BOYS

1:00 D II GIRLS

1:45 D II BOYS

Athlete Originally Entered

Substitute

Bib # Last Name First Name Grade

Bib # Last Name First Name Grade

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

Timing/Scoring Signature: \_\_\_\_\_

Head Clerk's Signature: \_\_\_\_\_